



Springwell
Learning Community
Springwell Special Academy
Springwell Alternative Academy

Summer 2024 Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One WC 29 April 2024	Main Meal	Cheese & Tomato Pizza, served with Wedges	Chicken Tikka Curry with Basmati Rice	Roast Chicken & Stuffing with Roasted Baby Potatoes and Gravy	Southern Fried Chicken Bun with Barbecue Sauce and Wedges	Fish Finger, with Chips
	Vegetarian Meal	Meatless Meatballs with Spaghetti and Garlic Bread	Vegetable Tikka served with Rice	Macaroni Cheese & Garlic Bread	Cheesy Bean Bake & Wedges	Vegetable Nuggets and Barbecue dip, Served with Chips
	Vegetables	Peas & Sweetcorn	Peas & Carrots	Broccoli & Cauliflower	Carrots & Sweetcorn	Garden Peas & Baked Beans
	Carb	Wedges / Garlic Bread	Rice & Naan Bread	Macaroni Cheese & Garlic Bread	Wedges	Chips
	Dessert	Peaches & Ice Cream with Strawberry Sauce or Fruit Pot	Lemon Drizzle Cake & Custard or Fruit Salad	Cherry Cake & Custard or Fruit Pot	Chocolate Cupcake or Fruit Pot	Fruit Jelly & Ice Cream or Fruit Pot
Week Two WC 6 May 2024	Main Meal	Cheese & Bacon Turnover with New Potatoes	Bangers n Mash with Gravy	Roast Gammon and Stuffing, served with Roast Potatoes and Gravy	Creamy Cheese & Chicken Pasta with Garlic Bread	Battered Fish, Served with Chips & a slice of Lemon
	Vegetarian Meal	Tomato and Basil Penne Pasta served with Garlic Bread	Quorn Bangers n Mash with Gravy	Quorn Fillet and Stuffing served with Roast Potatoes and Gravy	Vegetarian Sausage Roll with wedges	Quorn Southern Style Burger and Chips
	Vegetables	Peas & Carrots	Broccoli & Carrots	Carrots & Cauliflower Cheese	Peas & Broccoli	Garden Peas & Baked Beans
	Carb	New Potatoes / Garlic Bread	Mashed Potatoes	Roast Potatoes	Garlic Bread/Wedges	Chips
	Dessert	Apple Crumble & Custard or Fruit Salad	Iced Vanilla Sponge or Fruit Pot	Flapjack or Fruit Boat	Lemon Shortbread Biscuit or Fruit Pot	Chocolate Brownie or Fruit Salad
Week Three WC 13 May 2024	Main Meal	Sausage Roll & Wedges	Penne Pasta Bolognese with Garlic Bread	Roast Turkey with Mashed Potatoes and Gravy	Barbecue Turkey Wrap and Rice	Battered Fish, Served with Chips & a slice of Lemon
	Vegetarian Meal	Cheese & Tomato Pizza, served with Wedges	Vegetarian Pasta Bolognese & Garlic Bread	Vegetarian Cottage Pie	Smoky Bean Enchiladas	Fishless Fingers, served with Chips
	Vegetables	Green Beans & Carrots	Broccoli & Peas	Medley of Seasonal Vegetables	Peas & Sweetcorn	Garden Peas & Baked Beans
	Carb	Wedges	Garlic Bread	Mashed Potatoes	Rice	Chips
	Dessert	Shortbread or Fruit Pot	Chocolate Sponge & Custard or Fresh Fruit	Fruit Jelly or Fruit Pot	Cherry Flapjack or Fruit Salad	Arctic Roll or Fruit Pot

Available Daily:

- Freshly baked jacket potatoes with a choice of fillings
- Selection of sandwiches • Fresh bread
- Cheese & crackers • Salad selection
- Whole fresh fruit • Yoghurts

Allergies:

If you would like to know about particular allergens in food, please ask a member of the catering staff.